

## **Black Bear Yacht Racing Association Covid-19 Preparedness Plan**

### **Introduction**

The Black Bear Yacht Racing Association ("BBYRA") is an amateur sailboat racing organization and is committed to providing safe and healthy adult sporting events for all our members and employees. To ensure we have as safe and healthy environment, we have developed the following Covid-19 Preparedness Plan in response to the COVID-19 pandemic. The Board of Directors ("BOD"), members and employees are responsible for implementing this plan. Our goal is to mitigate the potential for transmission of COVID-19 within our membership. That requires full cooperation of everyone connected to BBYRA. Only through this cooperative effort can we establish and maintain the safety and health of our members, employees, and guests and the environment overall.

The BOD, members, and employees are responsible for implementing and complying with all aspects of this COVID-19 Preparedness Plan. BBYRA members and employees have our full support in enforcing the provisions of this policy.

Our members, employees, and guests are all important. We are serious about safety and health and minimizing risk for every individual who interfaces with BBYRA. Stakeholder involvement is essential in developing and implementing a successful Covid-19 Preparedness Plan. Our plan follows Centers for Disease Control and Prevention (CDC) and Minnesota Department of Health (MDH) guidelines, federal OSHA standards related to COVID-19 and Executive Order 20-74, and addresses:

- ensuring sick members and employees stay home and prompt identification and isolation of sick persons;
- social distancing;
- hygiene and source controls;
- cleaning and disinfection protocol;
- communications protocol.

### **A. Expectations for Members, Employees and Guests**

While participating in BBYRA activities, all members, employees and guests are required to adhere to the following set of rules ("Covid-19 Plan Rules") that are set out in this document. Violation of Plan Rules may result in discipline including even suspension or revocation of your membership.

1) Your Crew. The individuals with whom you are racing (meaning on the same boat as you) are considered your "Crew", BBYRA acknowledges that while conducting Racing Related Activities (defined only as rigging, sailing, and derigging your boat) physical distancing may not always be possible. Your Crew is your "pod" under the MDH Guidelines.

- 2) BBYRA Gatherings Not Permitted. Gathering before or after sailing activities is not permitted and as such social events will not be held by BBYRA.
- 3) Face Coverings. You must have a face covering with you at all times. Face coverings protect other people from you, not protect you from other people. This is the recommended safe practice. If someone requests you to put your face covering on, to remain physically distanced, or both, please do so and be respectful. Please remind others of the physical distancing requirements.
- 4) Launching from a Public Location. Any boat leaving from a public place is required to abide by any and all additional rules or regulations related to COVID-19 or otherwise that are in place by that organization.

#### While Group or Individual Racing

- 1) Your Decision to Sail. Sailing is at the discretion of each individual. Participation and responsibility of safety is up to each participant.
- 2) BBYRA to Enforce the Rules. The BBYRA staff have the authority to enforce this Plan, any other COVID-19 related protocols, the Racing Rules of Sailing, the BBYRA Sailing Instructions, and may exercise this authority as necessary, in its sole discretion.
- 3) WAIVER. - before participating in any racing event, each sailor must complete and sign the waiver that will be posted at BBYRA.com. Failure to do so may result in revocation of membership, and the boat they are sailing on will not be scored.
- 4) CREW ROSTER. Boat owners must register the names, addresses, email addresses, and phone numbers of their crew. This will be used by the Minnesota Department of Health for contact tracing purposes in the event of exposure or an outbreak linked to BBYRA. A form will be available at BBYRA.com. Failure to submit a Crew Roster will eliminate that boat from being scored for the race series in addition to any other consequences permitted under this Plan.
- 5) **PRE-RACE CREW LOG. Each skipper, or skipper designee, shall keep a written crew list (log) for each race as to the persons on board, including contact information.**
- 7) Boat Separation. BBYRA requires that boat crews always maintain 6-feet of physical distance from other boats crew on the water. The burdened vessel, as defined in sailing rules, is responsible for maintaining this separation
- 8) Physical Distancing. It is strongly recommended that your Crew should keep as much physical distance as is safely possible between individuals and similarly remain "contactless".
- 9) Sanitization. If you have individuals from more than one household in your Crew or on your boat, consider sanitizing your boat afterwards, including lines; it is strongly recommended to sanitize commonly touched areas around your boat.

10) Do Not Share. Do not share any drink or food with another person; do not share a life jacket, gloves, or other personal gear.

11) Follow State and Federal Guidelines. Sailors must continue to follow state and local sporting guidelines in addition to (and not in lieu of) this Plan, the BBYRA Sailing Instructions, and CDC Rules.

## **B. Crew Size limits**

In order to facilitate crew members from different households to sail together, helping to mitigate the spread of COVID-19, BBYRA will restrict the maximum number of crew. It is recommended that the size of the Crew be limited to the number needed to safely operate the sailboat under the weather conditions, regardless of the limits placed on boats below. Additionally, in the circumstances noted below crew will be required to wear a face covering while sailing.

- 1) Unlimited number of crew if all sailors, including skipper) are from the same household members, face coverings recommended.
- 2) Maximum 4 Crew (including skipper) if sailors are from more than one household, face coverings strongly recommended.

Nothing in this section pertaining to face coverings, or anywhere in this plan, prohibits individuals from taking medicine, drinking to stay hydrated, or eating while participating in Racing Related Activities.

## **C. Screening and policies for people exhibiting signs and symptoms of COVID-19**

Members and employees are encouraged to self-monitor for signs and symptoms of COVID-19. Specifically, fever of more than 100.4F, shortness of breath, muscle aches, or a new cough. Anyone displaying any of the signs and symptoms is REQUIRED to:

- (1) stay away from BBYRA events
- (2) leave the BBYRA race area immediately, without interacting with anyone else,
- (3) inform BBYRA either by email at [BBYRA.mn@gmail.com](mailto:BBYRA.mn@gmail.com) or by texting/calling race manager Jim Moyle (612-599-3019) or Secretary Don Hankins (651-307-6620) that they are displaying symptoms (including describing the symptoms they are experiencing and include the crew roster of the last 2 weeks).**
- (4) in the event they are tested for COVID-19 to inform BBYRA of the results as set forth above.

## **D. Handwashing**

Infection prevention measures are being implemented. Employees are instructed to wash their hands for at least 20 seconds with soap and water frequently throughout the day, but especially at the beginning and end of their shift, prior to any mealtimes and after using the toilet. Hand-sanitizer dispenser (that use sanitizers of greater than 70% alcohol) is available on the committee boat.

## **E. Respiratory etiquette: Cover your cough or sneeze**

Members, employees and guests are being instructed to cover their mouth and nose with their sleeve or a tissue when coughing or sneezing and to avoid touching their face, in particular their mouth, nose and eyes, with their hands. They should dispose of tissues in provided trash receptacles and wash or sanitize their hands immediately afterward.

## **F. Cleaning, disinfection, and ventilation**

Touchpoints on the committee boats will be cleaned by the users before and after each use.

According to the CDC, the best cleaning and disinfectant for hands and boats is soap and water. A biodegradable soap should be used to protect the aquatic environment. Hand sanitizers with 70% alcohol are effective a half minute after they are applied. Household sanitizers with hydrogen peroxide are effective after a 10 to 20-minute wait for them to completely do their job.

Clorox bleach or household products containing quaternary ammonium (quats) products are not to be used because they are harmful to the aquatic environment.

## **G. Communication**

This Covid-19 Preparedness Plan has been distributed to BBYRA members and employees by email and is posted on the home page of BBYRA.com. This COVID-19 Preparedness Plan has been certified by the BBYRA board and will be updated as necessary.

Certified on March 20, 2021 by:

**Jim Moyle, Race Chair and COVID-19 Plan Administrator**

**Jochen Koenig, Commodore**

[BBYRA.mn@gmail.com](mailto:BBYRA.mn@gmail.com)

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